

**IN THE UNITED STATES PATENT AND TRADEMARK OFFICE**  
**REQUEST FOR FILING NATIONAL PATENT APPLICATION**  
Under 35 USC 111(a) and Rule 53(b)

**PATENT APPLICATION**

Mail Stop Patent Application  
 Commissioner for Patents  
 PO Box 1450  
 Alexandria, VA 22313-1450

**WITH SIGNED DECLARATION**

**NONPROVISIONAL  
 NON REISSUE  
 NON PCT NAT PHASE**

19270 U.S.PTO  
10/730627  
120803

Sir:

Herewith is the **PATENT APPLICATION** of  
 Inventor(s): **BRIAN D. HALEVIE-GOLDMAN**

Title **METHOD FOR ENHANCING THE NATURAL REWARD  
 SYSTEM FOR EXERCISE**

Atty. Dkt.:	306822	15566
	C-M	Client Ref

including:

Date: December 8, 2003

1. Specification: 21 pages (only spec. and claims)      2.  Specification in non-English language
3. Declaration     Original     Facsimile/Copy     Abstract    1 page(s);    45 numbered claims
4.  Drawings: \_\_\_\_\_ sheet(s)     informal;     formal of size:     A4     11"
5.  See top first page re prior Provisional, National or International application(s). ("X" box only if info is there and do not complete corresponding item 6 or 7). (Prior M# \_\_\_\_\_ SN \_\_\_\_\_ )
6. This application claims benefit of the following prior US application(s), the contents of which are incorporated into this application by this reference:

No.	/	filed	
No.	/	filed	
No.	/	filed	
No. PCT	/	filed	, which

designated the US.

7.  See the attached Preliminary Amendment, which amends the specification to claim benefit of the above listed US application(s)

8.  Attached is an assignment and cover sheet. Please return the recorded assignment to the undersigned.

9.  Assignee **FAST BALANCE, INC.**

Address 340 Channing Way, Suite 347, San Rafael, CA 94903

10. **FOREIGN** priority is claimed under 35 USC 119(a)-(d)/365(b) based on filing in \_\_\_\_\_

11. \_\_\_\_\_ (country)

Application No.	Filing Date	Application No.	Filing Date
(1)		(2)	
(3)		(4)	
(5)		(6)	
(7)		(8)	
(9)		<input type="checkbox"/> See 3 <sup>rd</sup> page for additional priorities	

12. \_\_\_\_\_ (No.) Certified copy (copies):     attached;     previously filed (date) \_\_\_\_\_  
 in U.S. Application No. /    filed on \_\_\_\_\_

13. Small entity status →     is not claimed;     is claimed (Pre-filing confirmation required)

13(a).  Attached: \_\_\_\_\_ (No.) Small Entity Statement(s) (since 9/8/00 small entity statement(s) not essential to make claim)

13(b)  See NONPUBLICATION REQUEST under Rule 213(a) attached (PAT-258)

14. DOMESTIC/INTERNATIONAL priority is claimed under 35 USC 119(e)/120/365(c) based on the following provisional, nonprovisional and/or PCT international application(s):

Application No.	Filing Date	Application No.	Filing Date
(1) 60/431,255	12/6/02	(4)	
(2) 60/468,041	5/5/03	(5)	
(3)		(6)	

15.  This application is being filed under Rule 53(b)(2) since an inventor is named in the enclosed Declaration who was not named in the prior application.

16.  Attached:

17.  Preliminary Amendment:

**THE FOLLOWING FILING FEE IS BASED ON CLAIMS AS FILED LESS ANY ABOVE CANCELLED**

	Large/Small Entity		Fee Code
18. Basic Filing Fee	\$770/\$385	\$385	1001/2001
19. Total Effective Claims 45 minus 20 = *25	x \$18/\$9 = + 225	+ 225	1202/2202
20. Independent Claims 4 minus 3 = *1	x \$86/\$43 = + 43	+ 43	1201/2201
*If answer is zero or less, enter "0"			
21. If any proper multiple dependent claim (ignore improper) is present , add (Leave this line blank if this is a reissue application)	+ \$290/\$145	+ 0	1203/2203
22.	<b>TOTAL FILING FEE =</b>	<b>\$653</b>	
23. If "non-English" box 2 is X'd, add Rule 17(k) processing fee	+ \$130	+ 0	1053
24. If "assignment" box 8 is X'd, add recording fee	+ \$40	+ 40	8021
25. <input type="checkbox"/> Attached is a Petition/Fee under Rule No.	+ \$130	+ 0	1808
26.	<b>TOTAL FEE =</b>	<b>\$693</b>	
<b>PLEASE CHARGE OUR DEP. ACCT.</b>			

Our Deposit Account No. 16-1805

Our Order No. 15566 306822  
C# M#

**CHARGE STATEMENT:** The Commissioner is hereby authorized to charge any fee specifically authorized hereafter, or any missing or insufficient fee(s) filed, or asserted to be filed, or which should have been filed herewith or concerning any paper filed hereafter, and which may be required under Rules 16-18 (missing or insufficient fee only) now or hereafter relative to this application and the resulting Official document under Rule 20, or credit any overpayment, to our Account/Order Nos. shown above for which purpose a duplicate copy of this sheet is attached.

This CHARGE STATEMENT does not authorize charge of the issue fee until/unless an issue fee transmittal form is filed.

Pillsbury Winthrop LLP  
Intellectual Property Group

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CLK/ah

NOTE: File in duplicate with 2 post card receipts (PAT-103) & attachments

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re application of: )  
BRIAN D. HALEVIE-GOLDMAN ) Art Unit:  
Serial No: ) Examiner:  
Filed: December 3, 2003 )  
For: METHOD FOR ENHANCING THE )  
NATURAL REWARD SYSTEM FOR EXERCISE)

CERTIFICATE OF MAILING VIA U.S. EXPRESS MAIL  
"Express Mail" Mailing Label No. EL 860 936 100 US  
Date of Deposit: December 8, 2003

Mail Stop Patent Application  
Commissioner for Patents  
P.O. Box 1450  
Alexandria, Virginia 22313-1450

Dear Sir:

I hereby certify that

Letter of transmittal  
 check in amount of \$693.00 as filing fee  
 patent application (21 pages of specification; 45 claims; 1 page of abstract)  
 Declaration (signed X unsigned       )  
 executed Assignment, with Recordation Cover Letter  
 return postcard

are being deposited with the United States Postal Service "Express Mail Post Office to Addressee" service with sufficient postage under 37 CFR 1.10 on the date indicated above which is the first business day following the priority date of Saturday, December 6, 2003, and are addressed to:

Mail Stop Patent Application  
Commissioner for Patents  
P.O. Box 1450  
Alexandria, Virginia 22313-1450

December 8, 2003

Date of Deposit

Alisa Henley

Name of person mailing papers

Alisa Henley

Signature